

How to Assemble

1



2



3



4



- Fold the cords in half.
- Insert the cord loops into your desired C-ring.
- Flip the cord ends around the bottom wall of the desired C-ring and pull through.
- Ensure that the cords are securely attached to the C-ring, pointing downwards.
- Thread the cord ends through each weight ball, creating two equal strings with weights.
- Insert the cord ends into the cord stoppers to secure the balls in place.
- Place the weights with cords and cord locks into the drawstring pouch.
- Make sure the shaft skin is smooth and not bunched up before putting on our Newly Released Silicone Sleeve on the shaft. Then put the Sleeve on behind your glans to the middle of the shaft by opening it wide with your index and middle fingers. The open the CENTER OF THE C-ring by gently stretching it with your index fingers and thumbs.
- Add a second C-ring in front for extra grip. No cords are needed.

Thank You

STILL-ON Systems, Inc. is a Chicago based company since 2013, dedicated to designing comfortable and effective penis stretching products for discrete under-clothing wear.

WARNING: USE AT YOUR OWN RISK

STILL-ON Systems is designed for recreational use ONLY. It is not a medical device. All users are urged to implement caution while in use. Post-surgery users need to be cleared by their medical professionals before using STILL-ON Systems products. Please follow their instructions and recommendations, as we take no liabilities.



Contact us at
stillonsystems@gmail.com for any
Questions | Concerns | Suggestions
Go to our [Warranty Page](#) for Details

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STILL-ON SYSTEMS Weight Hanging System



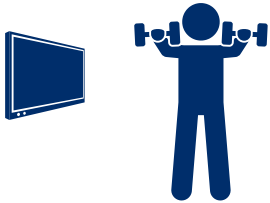
Scan to learn more

WAYS TO STRETCH



Sitting Down

Sit on half of the seat to leave room for hanging and let gravity do its job.



Standing Up

Gently sway the weight pouch with your hips side to side in front of your legs. Your penis will move in a left-to-right motion.

Gently sway the weight bag with your hips forward and backwards in between the legs. Your penis will move in a front-to-back motion. Rotate every 2 minutes Step 1-3.

Silicone C-ring & Silicone Sleeve Care: Wash before/after each use with warm soapy water. Airdry, or use a clean towel or hairdryer on low.

PRO TIPS



WARMING UP BEFORE STRETCHING

The flaccid penis should have a good amount of blood flowing prior to the stretching session. This could be achieved by taking a hot shower/bath, massaging with warm hands, and/or wrapping a warm cloth around the shaft.



PUTTING ON/TAKING OFF THE C-RING

Use both hands to gently stretch open the CENTER hole of the C-ring and place it 1" +/- behind the glans. Then remove the C-ring by carefully stretching open the middle hole, or you can use soap to slide the C-ring off. DO NOT open the side holes of the C-ring at any time.



INITIAL LENGTH OF TIME TO WEAR For the Beginning |

2-5 minutes each stretching session with 5 minutes breaks. Repeat 3 times.

Advanced and Expert |

Exercise with caution. Wear a sleeve. Use at your own risk. Take breaks and monitor your blood flow.

IF YOU USE OUR KNEE STRAP STRETCHER, YOU CAN HANG WEIGHTS BEFORE OR AFTER USING IT.



CIRCULATION & DISCOLORATION

The Silicone Comfort Sleeve and C-ring should fit snugly and should not cause any pain to your shaft skin or head. Skin discoloration is normal and usually goes away within minutes. Remove immediately if signs of overuse appear, such as the skin turning dark purple/black or feeling tingling sensations. Advice: Put on a larger Silicone Comfort Sleeve and C-ring. Also, make sure the shaft skin is not bunched up prior to putting on the sleeve. It should be smooth.

WEIGHT HANGING PACKAGE

MEDICAL-GRADE HYPOALLERGENIC SILICONE C-RINGS - SOME PACKAGES DO NOT INCLUDE SILICONE SLEEVES YET

Each package contains 4-6 softness options in 4 sizes & 2 Sizes of Silicone Comfort Sleeves to accommodate most users' girth.

9 OZ WEIGHT BALLS

Packages include 2, 4, 6, or 8 nine oz steel balls. Users can choose the amount of weight depending on their individual weight tolerance.

POWER CORDS & CORD LOCKS

The cords are latex-free, and the cord locks allow for easy addition and removal off the steel balls.

WEIGHT BALL POUCH

The drawstring pouch is designed to minimize collisions between the balls and also serves as a storage bag after use.

SELF-ADHESIVE WRAP

Helps increase comfort while wearing the C-ring on sensitive areas by wrapping it around the shaft in front of where the C-ring will be placed.

NEW STRETCHY SILICONE SLEEVES

Size 1

Size 2



Maximum Comfort under C-ring

Increase your gains by combining our knee strap penis stretcher with weight hanging

